

6 'Red Velvet' Pupcakes

Ingredients

Pupcakes

- 🐾 1 egg
- 🐾 1 cup self-rising flour
- 🐾 1 cup canned beets, mashed
- 🐾 baking spray (if desired)

Frosting

- 🐾 8.8 ounces (250 g) (low-fat) cream cheese

Equipment

- 🐾 cupcake cups
- 🐾 oven
- 🐾 pastry bag (to apply the frosting)

Step 1

Preheat the oven to 350°F (180°C).

Step 2

Mix the egg, flour, and mashed beets.

Step 3

If desired spray the baking spray in the cupcake cups (the pupcakes can be a bit sticky). Divide the mixture among the cupcake cups. Bake for 25-30 minutes.

Step 4

Take the pupcakes out of the oven and let them cool down.

Step 5

To frost the pupcakes use the cream cheese and fill a pastry bag and pipe onto the pupcakes. Don't put it on your pupcakes before they're completely cooled down!

You can store the pupcakes in a container for several days.

Always supervise your dog when its eating. If your dog is behaving/feeling differently after eating the cookies, stop feeding them to your dog immediately as your dog may have an allergic reaction to (one of) the ingredients. I made sure all ingredients are dog-safe, but just like some humans some dogs are intolerant to certain products.

